

TOGETHER

Autumn 2018

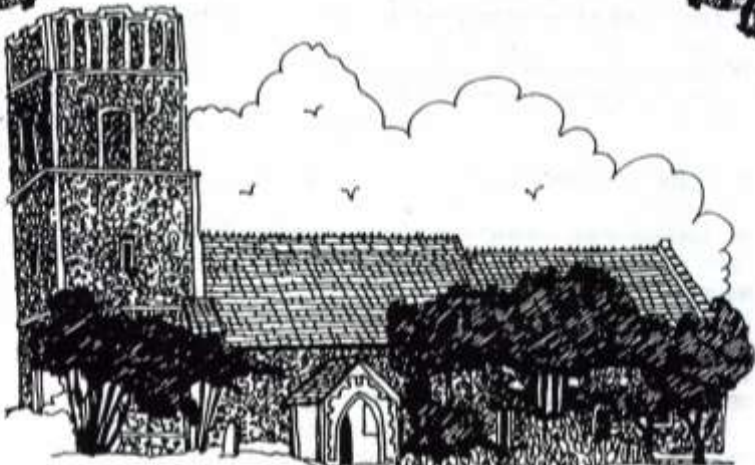
September to November
Distributed free within the Benefice

Helmingham
Debenham



Framsden

Pettaugh



Winston
Kenton, Aspall



THE BENEFICE OF
DEBENHAM & HELMINGHAM

The story of the white top and the red bed sheet

My Mum bought me a new top recently. It has a blue and grey pattern on a white background and, considering my age and that I am a Vicar, it is really rather cool, in both senses of the word. There has been another recent addition to our household, a new, deep red bed sheet. I was rather pleased with both these items, until, that is, they found their way into the same wash.

I came home to find a basket of wet washing to hang out, only to find in it a clean new red sheet and my new top... no longer with a white background but with that grey pink colour that only ever happens by mistake.

My first reaction was dismay, then disbelief and then, I am not proud to say, anger. I was really cross. I ranted and raved to myself as I stuffed my top back into the machine to (vainly) try to lessen the damage. In fact, I was so cross, I took the dog for a walk. This was a good thing because it removed me from our house and from speaking to anyone who might have done the washing, and it gave me time to think... time to be with God.

My mind turned to the title of the book I have just started reading: *The Hardest Thing to Do**. The book had been on my bedside table that morning when my daughter saw it and said, "What's that then? What's the hardest thing to do?" "It's forgiveness", I said.

Forgiveness. As I stomped along I wondered what use my anger was. None to me, none to the situation. It didn't help in any way. It wouldn't make my top white again. All I risked with this anger was to increase the hurt and make things worse. Certainly, in the case of my now pink top there had been no malice involved and I knew the person would be mortified. I could take my anger back home and share it or I could take God's compassion and love home with me... and share them.

I wasn't able to let go of the sadness, but with a prayer "Forgive us God... as we forgive them..." I went home calm... but with a slightly out of breath dog. So, instead of hurting a relationship with anger, with God's help I was able to offer the love and compassion which is at the real heart of my relationship with that person. Instead of damaging our relationship God's forgiveness helped it to deepen. The next day I came home to find my now pink top had been replaced with a new white version.

The story of the white top and the red bed sheet is just a small domestic matter. There are many other much more terrible things that happen between people and forgiveness is often 'the hardest thing to do', but when we fail to forgive it is only us who suffer, only our hearts which harden and feel the pain.

As a Christian, I know I cannot do such things as forgiveness alone, but I know that God, who showed us God's love and compassion and forgiveness in Jesus... I know that God will help us.

**By Penelope Wilcock*

Susan Bates

Coming up in the Benefice in September

- Saturday 8 10.30am, Helmingham Church, Coffee and cake, and Meet the Vicar. No charge.
- Saturday 15 10.30am Framsdon Tea and Cake at the Launch of the Church Guide. No charge.
- Saturday 15 12.00pm Pettaugh Harvest Festival Service and picnic in the meadow behind the church. Bring your own savouries and share pudding.
- Sunday 16 2pm Winston Pet Service (Church and Schoolroom)
- Sunday 23 2-4pm St Mary's Debenham Church Fete
- Sunday 30 10am Benefice Service in Helmingham, with the Ipswich Seventh-day Adventist Gospel Choir and visiting speaker

PETTAUGH

By the time this appears the extended spell of hot and dry weather of summer will be a memory. Gardens may have suffered from the drought but it caused serious problems for our farmers who bring us the wheat for our daily bread and the variety of other crops to feed us. Our Harvest Festival this year will take the form of a lunch in the church meadow which will be held on **Saturday 15 September** starting at noon. This picnic lunch will be a communal event with everyone welcome. Please bring your own food, plus a dessert to share. Soft drinks will be provided but those who wish to do so can bring their own wine, cider or ale according to

preference. In the event of rain, the church will be used.

The Annual Ride and Stride event to provide financial support for the Suffolk Historic Churches Trust will take place on **Saturday 8 September**. This fun event which also provides a good opportunity for healthy exercise, involving bike riding or walking, is an important source of revenue of for the Trust. The Trust plays a vital role in supporting the maintenance of the church buildings in a good state of repair. Cyclists and hikers visit churches in our benefice or beyond and have cards marked at each church which is visited. Those who wish to participate should contact our local organiser, Ruth Crane (01473 890526), for details and sponsorship forms. We hope the all those who are unable to take part will



sponsor those who do as half the funds raised by Pettaugh participants will go directly to St Catherine's church to assist towards its upkeep and maintenance.

Sunday services continue as usual according to the revised schedule. The first service each month is held in St Mary's church in Debenham while services are held in our church on the second and fourth Sunday and sometimes on the third Sunday as well. A Said Evensong is held on the third Saturday of the month at 5.30 pm, a short service which usually lasts about 20 minutes. Details may be found at www.achurchnearyou.com/pettaugh.

Ride and Stride

Saturday 8 September, 9am-5pm

www.shct.org.uk

Help raise money for your church and others by cycling or walking, and you'll see a lot of other interesting buildings besides the Suffolk countryside. Sponsor forms available soon. Alternatively help by staffing the church to sign in riders and dispense refreshments.

Debenham	Jenny Scase	01728 860323
Kenton	Catherine Smith	01728 860147
	or Stuart Miller	01728 861654
Helmingham	Peter Haas	01473 785381
Pettaugh	Ruth Crane	01473 890526
Framsden	Carol Woods	01473 890446
Aspall	Andrew Ward	01728 860343
Winston	Bill James	01728 860233

Contact the appropriate organiser above.

Funds raised are split between SHCT and the church of those being sponsored.

ST MARYS CHURCH, HELMINGHAM

invite you to

Coffee & Cake & Meet the Vicar



8th September, 10.30am, in the church.
Cake and hot drinks. No charge.

HELMINGHAM

The Suffolk Historic Churches sponsored cycle ride will this year be taking place on **Saturday September 8th**. For more details contact Dr Haas on 01473785381.

Also on **Saturday September 8th** an opportunity to come along to St Mary's Helmingham to meet The Rev Susan Bates, our new vicar together with a chance to get together with others from the community for a chat and to enjoy coffee and cake. All houses in Helmingham should have received an invitation from her, and anybody who would like to come along will be very welcome.

On **Sunday September 30th** the Benefice Service (which takes place if there are 5 Sundays in a month) will be held

at Helmingham at 10am. This will be the first time in this parish since the new pattern of services and will include the Ipswich Seventh-day Adventist Gospel Choir. Sadly Elizabeth Styles died in May. A Service of Thanksgiving was held at St Mary's, the Church was filled with her large family and many friends who came together to share cherished memories. Elizabeth, who was known as Betty by older friends, moved to Bocking Hall when she married her late husband, John and she became a farmer's wife, mother to 4 sons, an active member of the congregation at St Mary's and the community, including poppy collector for the Royal British Legion and many other local projects. Condolences to all her family.

Best wishes to the families of Digby Bennett Lyonel Tollemache who was baptised on 17th June and twins Humphrey David and Jemima May Styles on 8th July.

The Midsummer Hare by Peter Cresswell and Sue Heaser is a narrated story of the adventures of a young hare with orchestral accompaniment. An hour long entertainment suitable for all ages, with afternoon tea included in the price, is planned to take place on **Sunday November 25th at 4pm** at the Leisure Centre in Debenham. Tickets £10, or £4 for under 16.

Further details from members of PCC or (01473 785381 - 01473 890413)

The Old School House Nursery

The Children of The Old School House Nursery have had a fabulous Summer Term with our role play area being a Jungle with wild animals, binoculars, torches, cameras and a big camouflage net hanging from the ceiling. This then turned into our Holiday get-away with deck chair, sea shells, flippers and snorkels! We made aeroplanes from pegs to hang from the ceiling and wrote postcards with some very wonderful scenery.

Our outing this year was to Foxburrow Farm where we made a Very Hungry Caterpillar for our Nursery, made spiders webs, used a mud kitchen deep in the woods, as well as visiting the Barn Kitchen to make smelly pots and find butterflies. This fitted in perfectly with our hatching of 7 cocoons with Painted Lady butterflies. We waited and waited and then all of a sudden they hatched within two days – great excitement. We released them out into the open and one even landed on Steph's hand so all the children could have a good look.

We are now practising furiously for our Sports Afternoon and Graduation as we say goodbye to 14 children going up to 'big school' this Autumn. Running, jumping, collecting items for your bucket and possibly a parents race.... who knows.

We are holding four Playdays through the Summer Holidays for the children to come and play and be with their friends during August. We will be getting the paddling pool out, cooking, making and creating as well as the usual Nursery toys.

We return in September ready for an exciting Autumn so do take time to pop in and see us. We take children from 18 months.

Tel 01473 890950 email: theoldschoolnursery@btinternet.com or visit our website www.theoldschoolhousenursery.com.



WINSTON

A very big thank you to everyone who supported our Annual Fete in June, raising over £2,600 for St Andrew's Church and Schoolroom. We thank everyone who helped in any way: site preparation, putting up the marquee, helping with stalls and side-shows, providing the amazing variety of cakes etc. and to everyone who attended on the day. A special thank you goes to Sandra Baker who worked tirelessly selling the draw tickets and obtaining the draw prizes. As always, business people and others were very generous with their support and many of these are outside the village but they are very willing to donate the prizes. We couldn't do it without them—so many thanks.

Winston Church was the sunny setting for the second Summer Concert,

What's in a Name? by the Black Barn Singers, led by Pam Vinten-Phipps, their accompanist Francesca Reid and soloist Josh Peat. Everyone enjoyed the singing, Pimms and nibbles. The concert raised £230 for Royal Papworth Intensive Care and £70 for Winston Church. We hope Pam and the Singers will hold another concert next year

It was a great pleasure to have Bishop Mike preach at our service on 22nd July.

The **Harvest Festival** takes place on **Sunday 9 September at 9.30am**. We hope the flower arranges will work their magic as in previous years. Please ring Emma on 01728 861303 if you would like to help.

Winston School Room

is available to hire: see back page for details.

Last year we donated various "tins" to the Mencap home in Debenham and our goodies will go there again this year.

A **Pet Service** is to be held in Winston Church on **Sunday 16 September at 2pm**. You do not need a pet to come to the service as all are welcome. After the service there will be a pet show in the schoolroom, organised by Debenham Vets. Refreshments will also be available. Please call Rev Susan or Veda for more details.

We are in the early stages of organising an **Early Bird Christmas Market** on **Saturday 17 November** in the Schoolroom from **11-4pm**. Entry will be £2 and car parking free. Light refreshments will also be available with money raised going towards the church and Schoolroom funds. To book your stall and for more details phone or email Kate Branch (details on back cover).

The Remembrance Sunday service on November 11th starts at 10.55.

Winston Parish Council

After our Litter Pick in April we have become even more aware of how important it is to work together to keep the Parish looking its best and pleasant for all to enjoy. So, it is disappointing to find that some owners are not clearing up after their dogs. We would urge them to remember to Bag it And Bin it! Our new Noticeboard has been installed at Winston Green and will continue to have details of forthcoming Parish Council meetings and other local information. The old one has been refurbished and will be installed in Fenn Street behind the lay-by. The next Parish Council meeting will be on **Wednesday 17 October 2018** at 7.30pm in Winston School and is open to all residents. Our Website is www.winston.onesuffolk.net.

FRAMSDEN

Our lovely Summer has witnessed a variety of events. In early June the PCC hosted a group of members of the University of the Third Age at St. Mary's. A guided tour of the Church highlighted its long history with explanation of the significance of the Altar, Font, Nave and Chancel to name but a few.

On June 14th forty villagers enjoyed a lecture on *The Secret Life of Bees*. The speaker shared his passion for the subject with a lengthy question and answer session at the end.

Our village Fete was relaxed and hugely enjoyable. The Church and Framsdens Fundraisers hosted the event in typically energetic fashion. Our sincere thanks to all who contributed.

Early July witnessed our first Open Air Church Service at Eade's Orchard, an area of conservation. The Service was held in conjunction with our friends in The Woodland Group amid delightful surroundings. All who attended, adults and children, enjoyed the lively participation. Thank you for coming.

The Churchyard working party still meet monthly. Our thanks to them and a special thank you to Ian who has decided to retire.

The new Church Guide, written by Roy Tricker BEM, will be launched on **Saturday 15 September at 3pm** in the church. Free tea and cake pro-

ST MARYS CHURCH, FRAMSDEN

invite you to

Tea & Cake

at the

**Launch of the
Church Guide**



15th September, 3.00pm, in the church.

No charge.

Autumn Fête



Sunday 23rd September

In St Mary's Churchyard

Debenham

2pm -
4pm

Teas

Raffle

Cake Stall

Ice Cream

Games

Plants

Tombola

Whisky Toss

Bowling

Rocket Darts

Raising funds for St Mary's Church, Debenham

vided.

Framsden Fundraisers

Those of you living in Framsdén will have received the latest flyer detailing events taking place in the village during July – December. As ever, these are sometimes subject to change so please keep your eye on the Framsdén Fundraisers email updates for the very latest information.

If you haven't yet opted in to receive these valuable updates please send an email to framsden-fundraisers@gmail.com stating that you wish to receive them. Also keep your eyes open for updates on the notice boards out-

side the village hall and on the village website (www.framsden.org.uk).

Some big and exciting events are coming up soon, details of which are elsewhere in this edition, or will follow in FF email updates. But just to summarise so that you can save these dates in your diaries:

8 September - the **Barn Dance** returns to Framsdén Hall barn (courtesy of Lord and Lady Tollemache) with music and calling from the acclaimed band

Aartwork! Tickets are available now priced £10 (includes entry and either a BBQ Palfrey and Hall burger or hotdog – we will also be responding to other dietary requirements as long as you let us know in advance). See poster on page 17.



Churches in Debenham
Midweek Afternoon Service
At Coopersfield, Debenham, 2.30pm

Led by Rev Susan Bates and Rev Chris Wood (URC)
Tea and coffee are served afterwards

Services are held on the second and fourth Wednesdays each month

22 September - the return of the **village show** in the village hall and gardens! If you live in Framsdan an entry form will be coming through your door soon. The Entry Forms, Rules and Hints available on FF Website www.framsdan.org.uk.

Sat 13 Oct (evening) Autumn supper Village Hall

27 October (am) – **walk and talk round the village** with Glenn Buckingham followed by soup and a roll in the village hall; start at the village hall

Sat 10 Nov (evening) Village review, Village Hall

Sat 24 Nov (lunchtime) Xmas fayre, Village Hall

1 December – **Quiz bingo** – more Yes, Yes, Yes, Nooo fun in the village hall with new teasers to test your knowledge

Thurs 6 Dec Turning on the Xmas tree lights, Village Hall

8 December – **Carols** around the village followed by refreshments and Xmas activities in the village hall

Sun 16 Dec (pm) Carol service, St Mary's church

Framsdan Village Hall

Yoga and Meditation on Tuesdays 7 – 9pm with Barbara Winfield barbarawinfield@hotmail.com

Gentle Yoga on Mondays 7.45 – 9.15pm with Margaret Samain mp@cpwpost.com

Framsdan Woodland Group

It has been a busy couple of months for the woodland group. In June the plant sale raised £550 thanks to the support of the village and beyond and in July, we had our first church service, which included singing a hymn while walking round the wood, followed by the annual big lunch where we met together to enjoy our picnics in what shade we could find. What with fitting in the monthly work parties too, we are now having a rest until Halloween.

It is dry in the woodland, as everywhere else but there is plenty of shade to keep cool in. The continued clearing of vegetation has resulted in a small amount of redcurrants and gooseberries so far, hopefully plums and apples to follow.

Work parties are usually on the first Sunday of the month 9.30 until about 11.30 but check with framsdanwoodlandgroup@gmail.com if you want to be sure. Photos as ever on the Framsdan Woodland Group blog. Next event is the **Halloween pumpkin**

trail on Wednesday 31st October.

News and photos on the blog (framsdenwoodlandgroup.blogspot.com) and Facebook group page as usual (search for framsdenwoodland).

DEBENHAM

Recollections of the Great War 1914-1918

On **Sunday 11th November at 2.30pm** at Crow's Hall, Debenham: a short play with musical interludes to mark the Centenary of the ending of World War 1. Followed by Jazz and Light Supper. Starring many local celebrities!

More details and ticket prices to follow. All Proceeds in aid of *You Are Not Alone*, the Mental Health Charity for farmers and Rural Residents (www.yanahelp.org).

Plywood

We need more boards for displaying posters for church events; every year we take back less than we put out! That's because they've disappeared, not because we can't bother to collect them! If anyone has any plywood offcuts that are larger than 17 by 24 inches (600 by 850mm) please contact Chris Bishop 860124, chris.bishopsuffolk@gmail.com.

Art Exhibition

This year we celebrated our 42nd year and again had a successful exhibition as a result of which we were able to raise £2,500 towards the Church Restoration Fund. 318

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Suffolk Theology Forum

Exploring Christian theological issues in an open, non-partisan way

Thurs 13 September

Revd Canon Edward Carter, Canon Theologian, Chelmsford Cathedral

God and Business Enterprise

Thurs 8 November

Dr Katharine Dell, Reader in Old Testament, Cambridge

Job and Wisdom in the OT

At Co-op Education Centre, Fore Street, Ipswich 7.30—9.15 pm

Pedestrian entrance—11 Fore Street, Ipswich IP4 1JW. Walking distance from bus & train stations. Free car park, entrance on Waterworks Street

Entrance £5 or free to student card holders. Open to all, no need to book

Queries and information: stf@keme.co.uk

See the full 2018-2019 programme at www.sifre.org.uk/stf/, also on Facebook

Miranda Millar
Curtains & Soft furnishings

A full range of curtains, blinds and cushions made to suit your individual requirements

Traditionally made and hand sewn in Helmingham.

For details, or to arrange a home visit, contact

Miranda Millar on 01473 890253

www.mirandamillar.co.uk • info@mirandamillar.co.uk

pictures were exhibited from 63 different artists along with a number of unframed paintings/prints and cards. 48 framed paintings were sold along with numerous unframed paintings and cards. Thanks are due to a large number of people who contributed to the success of this event, either in sending out invitations, preparing paperwork, assembling the exhibit, serving teas, acting as stewards or dismantling the event. *Art Exhibition Committee - Chris; Jane; Jo; Kate; Mark; Mike; Nicole*

Jam Jars

The chutney season is upon us. I am making chutneys to sell at the Church's Christmas Bazaar but need more jars please. Just drop them into the church porch or to 23 Henniker Road, under the carport. I may even make some jam this year!

Autumn Fête, Sunday 23rd September 2–4pm, Debenham Churchyard.

Last year we had a Jam Jar Tombola as part of this event and it was such a success

we are going to repeat it this year. To stock it we need some filled jam jars. Just use your imagination but here are some ideas to get you started: teabags and a pack of biscuits, tea-lights, potpourri, sweets, some cable ties, an assortment of screws and plugs, balloons and party poppers, children's coloured chalk, some Lego, a mixture of spice or herb packets, seeds, a selection of elastic bands and paperclips... or just plain jam!

Also at the fête there will be a plant stall: I am busy growing things on but I am getting short of plant pots, 3 and 4 inch would be particularly useful. Delivery as for the jam jars.

Chris Bishop 860124, chris.bishopsuffolk@gmail.com

Debenham Library

Our next Film Evenings are as follows:

Saturday 15 September: *Loving Vincent*

In a story depicted in oil painted animation, a young man comes to the last hometown of painter Vincent van Gogh to deliver the troubled artist's final letter and ends up investigating his final days there. 94 mins Cert 12

Friday 9 November: *My Generation*

Michael Caine invites you to celebrate the '60s - the decade that changed the world. 85 mins Cert 12

Both start at 7.30pm, doors open 7pm. Tickets £5 from the Library or Webster's Newsagents, or ring 07507 802360. Licensed bar and ice creams. (Programme subject to change.)

Tuesday 0930 am – 1300 pm Wednesday 1500 – 1930 pm

Saturday 0900 am – 1300 pm Sunday 1200 – 1600 pm

Tel: 01728 861940 www.suffolklibraries.co.uk/libraries/debenham-library

Facebook: Friends of Debenham Library

Books, DVDs, Newspapers, WiFi, Computers, CDs, audiobooks, downloadable music/audiobooks/ebooks, free reservations, drinks. The room is available for hire outside opening hours.

Suffolk Libraries: Mobile Library Routes (every 4 weeks)

Aspall Church, Thursdays 1045-1100

Debenham, Gracechurch Street/Henry Street 1115-1145

Framsden Village Hall, Thursdays 1400-1415

Helmingham Forge, Thursdays 1240-1250

Kenton, Garney's Close, Thursdays 1220-1235

Pettaugh, Old Bull, Fridays 1535-1555

Editor's notes

The Copy deadline for the next *Together* (December to February) magazine is **25 October**, normally published about two weeks later. Quarterly, A5 format. 700 copies printed and collated on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but

graphics are usually OK. If you can't do any of these send the copy in the post.

Editor: Tony Hutt, Email: tony@tonyhutt.co.uk Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

Advertising payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: cmcbranch@btinternet.com (payable to Winston PCC). 1/8 page for £20 p.a. (4 issues); ¼ page for £40 p.a.; ½ page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

Useful church and village links

Benefice Facebook page	www.facebook.com/groups/DebenhamHelmingham
Debenham website and PC	www.debenham.onesuffolk.net
Framsden PC	www.framsden.onesuffolk.net
Framsden village	www.framsden.org.uk
Winston website and PC	www.winston.onesuffolk.net
Pettaugh website and PC	www.pettaugh.suffolk.cloud
Framsden Baptist Church	www.framsdenbaptist.org
Forge Church (Debenham)	www.forgechurch.com
Parish Churches	www.achurchnearyou.com/parish (e.g. www.achurchnearyou.com/framsden for Framsden)

Debenham United Reformed Church—to be added

Debenham Roundabout Preschool

This term at Roundabout pre-school we have transformed some of the inside of our cabin to a beach area which the children have helped to decorate with some aquatic masterpieces. We've been working with our friends to build sandcastles and decorate them with flags, shells and windmills. To help children understand how to keep themselves safe in the sun, which has been particularly important over the past few weeks, we've had lots of hats and sunglasses to try on, along with empty bottles of sun cream, so children can practise applying it.

We have continued our weekly visits to the Primary School's 'woodland area' where children have the opportunity to explore this outdoor environment, building confidence in their own ability as they take on different physical challenges. We have worked in groups searching for natural found objects such as feathers, leaves, cones, sycamore seeds, etc. whilst also having the chance to closely observe worms, woodlice and flowers.

We eagerly prepared for our sports day which took place on Wednesday 18th July. With a World Cup theme to the afternoon, we had lots of children wearing football shirts whilst competing in running races, flags of the world relay races, skipping races and 'who can do the longest throw in'. We had lots of practices and were so proud of how positive and enthusiastic the children were when both competing and cheering on their team-mates, especially on such a hot day!

As we are helped some of our older children make the transition to Reception, small

Church services in the Debenh

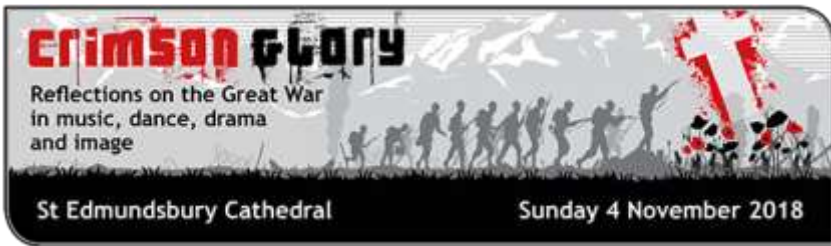
September 2018	Helmingham	Framsden	Pettaugh
2 nd Trinity 14			
9 th Trinity 15		11am Morning Prayer	11am Holy Communion
Saturday 15 th			12 noon Harvest Festival Service & Picnic
16 th Trinity 16	11am Holy Communion	9.30am Holy Communion	
23 rd Trinity 17	9.30am Harvest Festival		11am Morning Prayer
30 th Trinity 18	10am Benefice Comm		
October 2018	Helmingham	Framsden	Pettaugh
Friday 5 th			
7 th Trinity 19			
14 th Trinity 20		11am Harvest Thanksgiving	11am Holy Communion
21 st Trinity 21	11am Holy Communion	9.30am Holy Communion	
28 th Last After Trinity / Bible Sunday	9.30am Morning Prayer		11am Morning Prayer
November 2018	Helmingham	Framsden	Pettaugh
4 th Fourth Before Advent			
11 th Remembrance	9.30 Service of Remembrance	10.55am Service of Remembrance	10.55am Service of Remembrance
18 th Second Before Advent	11am Holy Communion	9.30am Holy Communion	
25 th Christ the King	9.30am Morning Prayer		11am Morning Prayer

am and Helmingham Benefice

Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
2pm Pet Service	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion	3.00pm Harvest Festival		9.30am Holy Communion

Communion at **Helmingham** with Gospel Choir

Winston	Aspall	Kenton	Debenham
		6.30pm Harvest Festival	
	8am Holy Communion		9.30am family@church Harvest Festival
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
6.30pm Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion			9.30am Holy Communion
Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
10.55am Service of Remembrance		8am Holy Communion & Act of Remembrance	10.45am Service of Remembrance
6.30pm Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11.00am Holy Communion			9.30am Holy Communion



Crimson Glory will be the cathedral's flagship event to commemorate the centenary of the end of the Great War. Using music, drama, dance and image, Crimson Glory tells the story of a Suffolk soldier in the war. The production will involve the Suffolk-based Cantus Firmus Choir, St Edmundsbury Cathedral Choir, the Ex Silentio choir from King Edward VI School, sixth form drama and dance students, and around 200 children from 14 primary schools, as well as an inter-school art exhibition.

The music is wide-ranging, including four movements from Rutter's Requiem, one movement from Vaughan William's Dona Nobis Pacem, arrangements of some First World War music hall songs, and one or two new compositions written specially for Crimson Glory

For more information see www.cantusfirmus.org.uk or ask Tony Hutt

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Debenham History Society

**Talk by Roy Tricker
at St Mary
Magdalene Church,
Debenham**

Friday 14 September, 7pm

Meet at the church. The talk will be followed by the AGM in Dove Cottage, with refreshments.

**The deadline for the next
Together magazine
is 25 October.**

Send copy to
Tony Hutt,
tony@tonyhutt.co.uk

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continued from page 13

groups made visits to spend time with their new teachers and learning environments. We invited Reception teachers to visit us to meet the staff, play with the children and experience the pre-school that children are coming from. It is also a time for us to welcome some new friends to our pre-school and we are offered stay and play sessions for those who are starting in September.

Thank you to everyone who came along to support us at the annual 'Duck Race' fundraiser. Special thanks to the wonderful local businesses who donated raffle prizes. We raised a magnificent £1135 which we will be using to buy supplies for the children from the pre-school 'wish list'.

If you are still considering your childcare plans for next year, we still have some spaces available. Call us on 01728 861769 to arrange a visit.
(www.debenhamroundaboutpreschool.co.uk)

Otley Hall Retreats

Friday 7th September, 10am-4pm

Mike King: 'Spirituality and Nature'.

The last retreat day in the 2018 programme will be based on Mike's new book *Mountain Calls*, an environmental novel encompassing nature, spirituality, religion and climate change! Cost £25, including refreshments and a light ploughman's lunch. Book at 01473 890264 or at www.otleyhall.co.uk.

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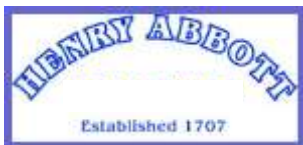
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